

# “The Baptism of Jesus in the Jordan River”...



## FROM THE GOSPEL ACCORDING TO - *MATTHEW*:

*“[After the baptism,] Jesus was led by the Spirit into the desert to be tempted by the devil.”*

*(Matt 4:1-11)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

It is not You, Lord God, who tempt us, but only the devil, as St. James the Apostle says (cf. *James* 1:13). Give us the grace to know the Sacred Scriptures well, so that once we have left the mystical desert of maturation and trial, we can fight well against all the evil thoughts and all the stubborn devils of this world in the way that Jesus did: with, “it is written,” “it is written,” “it is written.” (cf. *Luke* 4:4, 8, 10)

(cf. *SLC*, pp. 399-400)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the desert and temptations, St. Augustine says: “Do you think only of Christ’s temptation and fail to think of his victory? ...[I]f he were not tempted, he could not teach you how to triumph over temptation.” (AUGUSTINE, *Off. of Read*, Sunday Week I of Lent)

<sup>1</sup>NABRE (USCCB)

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### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...