

“The Baptism of Jesus in the Jordan River”...



FROM THE GOSPEL ACCORDING TO - **MATTHEW** - :

“After Jesus was baptized, he came up from the water and behold, the heavens were opened [for him], and he saw the Spirit of God descending like a dove [and] coming upon him.” (Matt 3:16)¹ (* cf. Matt 10:16)*

MEDITATION ON THE MYSTERY:

Lord, give us the grace to be able to come out of this river of worldly patterns every day, a little as Your Son Jesus did when, in fact, he came out of the Jordan River – so that the Holy Spirit under the form of a dove may rest ever more fully upon us, reminding us to be prudent as serpents but simple as doves, and so to fly far away from the venomous complexity of the cunning serpent. (cf. SLC, pp. 395, 130N)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the simplicity of doves, Saint Cyprian says: *“This is why the Holy Spirit comes in the form of a dove; it is a simple and playful animal. [...] One should also recognize in the Church, therefore, a similar simplicity.”* (CYPRIAN, *The Unity of the Church*, n. 9)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...