

In the 1<sup>st</sup> Sorrowful Mystery, we read and we meditate undisturbed:

(M1 - Fr V.V. d. G. e M.)



# “Jesus in the Garden of Olives”...

## FROM THE GOSPEL ACCORDING TO - JOHN -:

“Jesus went out with his disciples across the Kidron valley to where there was a garden, into which he and his disciples entered....Jesus had often met there with his disciples.” (John 18:1-2)<sup>1</sup>

## MEDITATION ON THE MYSTERY:

Just as Jesus often retreated in the Garden of Olives, and there knew, understood, and accepted the Will of the Father, let us, too, retreat often in the mystical ‘garden of retreat,’ to know, understand, and accept the Will of the Father! (cf. SLC, p. 254)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to going on retreat often, the Franciscan Omnibus of Sources says: “[Francis] wished that the course of his own life and that of his brothers might be shown him by the Lord; he sought out a place of prayer, as he had done so often...”

(CELANO, *First Life*, n. 26, in: *St. Francis of Assisi. Writings and Early Biographies. English Omnibus of the Sources for the Life of St. Francis*, I, edited by M. A. Habig, St. Anthony Messenger Press, Cincinnati [OH] 2008, p. 250)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...