In the 1st Sorrowful Mystery, we read and we meditate undisturbed:



 $(\mathbf{M} \mathbf{20} - Fr SMP)$

"Jesus in the Garden of Olives"...

FROM THE GOSPEL ACCORDING TO - LUKE - :

"[Jesus] went, as was his custom, to the mount of Olives, and....kneeling, he prayed, 'Father, if you are willing, take this cup away from me; still, not my will but yours be done." (Luke 22:39, 41-42)¹

MEDITATION ON THE MYSTERY:

Lord, why did you pray in a garden of olives? What do are you trying to teach us? Surely you want to help us understand that if we truly know how to say in some way, like you, "Father, your will be done and not mine," we will be like so many olive trees: trees which produce many fruits full of oil and of blessing.

(cf. SLC, p. 255)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to fulfilling the Will of God, St. Maximilian Maria Kolbe says: "The more you fulfill the will of God, the more you increase the glory of God and the more you save and sanctify your soul and the souls of others."

> (MASSIMILIANO M. KOLBE, Meditazioni Quotidiane, 25 gennaio 1919, in: SK 987F [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ... 1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us... - Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, AveeMaria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...