

In the 1st Sorrowful Mystery, we read and we meditate undisturbed:

(M 5 – Sr. E.M.T.)

“Jesus in the Garden of Olives”...



FROM THE GOSPEL ACCORDING TO - LUKE - :

“[K]neeling, [Jesus] prayed, saying, ‘Father, if you are willing, take this cup away from me; still, not my will but yours be done.’” (Luke 22:41-42)¹

MEDITATION ON THE MYSTERY:

Humanly speaking, Lord, we would always want to say, “Father, if you are willing, take this cup away from us;” instead, divinely inspired from on high, help us all together say with one voice: “Father, not our will but yours be done.” (cf. SLC, p. 251)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to good will, St. Augustine says: “Listen, then, to what [Jesus] adds to the words, ‘Now is my soul troubled.’ ‘And what shall I say? Father, save me from this hour: but for this cause came I unto this hour. Father, glorify Your name.’ He has taught you here what to think of, what to say, on whom to call, in whom to hope, and whose will, as sure and divine, to prefer to your own, which is human and weak.”

(AUGUSTINE, *Tractates on the Gospel of John*, 52, 3, translated by John Gibb, from *Nicene and Post-Nicene Fathers*, First Series, edited by Philip Schaff, Christian Literature Publishing Co, Buffalo [NY] 1888, revised and edited for New Advent by Kevin Knight, in: *New Advent*, <https://www.newadvent.org/fathers/1701052.htm> [accessed 2 August 2021])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...