

# *“The Glorious Resurrection of Jesus Christ”...*

## **FROM THE GOSPEL ACCORDING TO - MATTHEW - :**

*“Then the angel said to the women in reply, ‘Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said.’ (Matt 28:5-6)<sup>1</sup>*

## **MEDITATION ON THE MYSTERY:**

If we want eternal life, we must do the will of God as it is set forth in the books of the holy Gospel. Let us put this will of God into practice – so that we may live happily for all eternity, and, at the end of time, receive a glorious and immortal body! (cf. SLC, p. 402C)

## **FROM THE TEACHINGS OF THE CATHOLIC CHURCH:**

- In regards to the resurrection of the body that will occur at the end of time, St. Francis de Sales says: *“At last, at the end of the time that God has assigned for the duration of this world...everyone will rise from the earth...This sovereign Judge...will separate the good from the wicked...I will examine my conscience and...correct myself so that the Judge may not condemn me on that dreadful day. Hence I will go to confession, and take necessary advice...”*

(FRANCIS DE SALES, *Introduction to the Devout Life*, Ch. XIV, Med. VI, translated by Fr. Antony Mookenthottam et al., Second Revised Edition, S.F.S. Publications, Bangalore 1995, <https://www.philothea.de/devout-english.html> [accessed 23 August 2021])

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

*(for a personal contribution to give to those who listen):*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*