

“The Glorious Resurrection of Jesus Christ”...

FROM THE GOSPEL ACCORDING TO - *MATTHEW* - :

“Then the angel said to the women... ‘I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said...Then go quickly and tell his disciples, ‘He has been raised from the dead, and he is going before you to Galilee; there you will see him.’” (Matt 28:5-7)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace to make our ego die within us every day so that the Baptismal seed of the Spirit of God may resurrect within us: which (as it is written) will bear many fruits of conversion, such as: *“Love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control” (Gal 5:22).¹ (cf. SLC, p. 393)*

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to announcing the resurrection of Jesus, Pope Francis says: *“The Resurrection of Christ is our greatest certainty; he is our most precious treasure! How can we not share this treasure, this certainty, with others? It is not only for us; it is to be passed on, to be shared with others. Our testimony is precisely this.”*
(POPE FRANCIS, General Audience, 3 April 2013)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...