



# “The Glorious Resurrection of Jesus Christ”...

## FROM THE GOSPEL ACCORDING TO - JOHN - :

*“On the evening of that first day of the week, ...Jesus came and stood in their midst and said to them, ‘Peace be with you.’ When he had said this, he showed them his hands and side. The disciples rejoiced when they saw the Lord.” (John 20:19-20)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the grace to be like a beautiful lily that is ready to renounce its own life in order to adorn and perfume the House of its Master! This Master, however, not being a common gardener of this world, will [one day] restore its original beauty, eternally: so that it can be one of the most beautiful lilies in the Paradise of God, always turning toward His immortal light! (cf. SLC, p. 130B)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the beauty of the risen body, St. Anthony of Padua says: *“If the eye which is still corruptible is so delighted by the deceitful brightness of the wretched body, how great do you think that delight will be in the true splendour of the glorified body?”*

(ANTHONY OF PADUA, *Sermons*, The Circumcision of the Lord, I.4, translated by Paul Spilsbury, <https://d2y1pz2y630308.cloudfront.net/15471/documents/2016/10/St.%20Anthony%20of%20Padua-The%20Sermons%20of%20Saint%20Anthony.pdf> [accessed 23 August 2021])

<sup>1</sup> NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

*(for a personal contribution to give to those who listen):*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”