

# “The Glorious Resurrection of Jesus Christ”...



## FROM THE GOSPEL ACCORDING TO - JOHN - :

“On the evening of that first day of the week, when the doors were locked, where the disciples were...Jesus came...he breathed on them and said to them, ‘Receive the holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained.’” (John 20:19, 22-23)<sup>1</sup>

## MEDITATION ON THE MYSTERY:

After Jesus was killed, many of His followers (beginning with the Apostles) did not lose courage, as had happened in other cases – but found it, and found it powerfully: to such an extent that almost all of them became martyrs! *Why?* Because they had seen their Master risen from the dead (cf. JOHN CHRYSOSTOM, *Off. of Read.*, 24 August)! (cf. *SLC*, p. 401)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the Resurrection and witnesses, Benedict XVI says, “*The Resurrection of Christ is a fact that occurred in history, of which the Apostles were witnesses...‘it is the greatest “mutation” that ever occurred, the decisive “jump” towards a profoundly new dimension of life...that regards above all Jesus of Nazareth, but with him also us, the whole human family, history and the entire universe.*” (BENEDICT XVI, *Address*, 9 June 2008)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...