

# “The Glorious Resurrection of Jesus Christ”...



## FROM THE GOSPEL ACCORDING TO - MARK -

*“When the sabbath was over, [the women]...came to the tomb...On entering the tomb they saw a young man...[And] he said to them, ‘Do not be amazed! You seek Jesus of Nazareth, the crucified. He has been raised; he is not here. Behold, the place where they laid him. But go and tell his disciples and Peter, ‘He is going before you to Galilee; there you will see him, as he told you.’” (Mark 16:1, 5-7)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the grace to leave our “old whitewashed tombs” (which could symbolize our old worldly patterns) so that we may enter, already resurrected, into the new divine clothing of humility (cf. Col 3:9b-10) – which helps us deny ourselves in order to search only for Your Will! (cf. SLC, p. 397)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to resurrection, St. Anselm says, “human nature was ordained for this purpose[:] that every man should enjoy a happy immortality, both in body and in soul.”

(ANSELM, *Cur Deus Homo*, Preface, in: *Works of St. Anselm*, translated by Sidney Norton Deane, 1903, <https://www.sacred-texts.com/chr/ans/ans116.htm> [accessed 23 August 2021])

<sup>1</sup> NABRE (USCCB)

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## FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”