

“The Annunciation of the Angel Gabriel to Mary”...

FROM THE GOSPEL ACCORDING TO - LUKE -:

“Rejoice, O you who are full of grace! The Lord is with you,” – the angel Gabriel said to Mary; – “At these words, she was very troubled, and she asked herself what the meaning of such a greeting might be.”
(Luke 1:28-29)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace and wisdom to always ask ourselves about the meaning of things, so that we can always understand your will! And above all, give us the grace, strength, and courage – like your docile servant Mary – to be able to put it in practice, in deed and in Truth. (cf. SLC, p. 60)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- With regard to asking oneself about the meaning of divine revelations, Pope Benedict XVI says: “Intellect and faith are not foreign or antagonistic to the divine Revelation but are both conditions for understanding its meaning, for receiving its authentic message, for approaching the threshold of the mystery.”
(BENEDICT XVI, General Audience, 21 November 2012)

¹ from the Italian Jerusalem Bible (CEI) 2008, unpublished translation by pfs gm

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...